

THE BIRCHTREE CENTER  
THE INTEGRATIVE HEALING ARTS PROGRAM

Session One: Holistic Practice and the Nurse Healer

Carmel Retreat Center

October 14 - 17, 2010 ~ Mahwah, NJ

The Integrative Healing Arts Program is an opportunity to revitalize your nursing practice and rejuvenate your body, mind and spirit. Come study with the top faculty in complementary and integrative nursing. **Session One** focuses on the essentials of holistic practice and the development of the nurse healer. We explore concepts from the seven core curriculum areas as we place our focus on self-care for the nurse. The framework for integrative/complementary therapies is offered in the context of holistic nursing philosophy, theory and current practice. This is a time to consider what the full potential of your nursing practice can be. Integral within the learning experience is the inclusion of time for inner reflection, relaxation and connection to a supportive community of nurses. Participants who wish to achieve a Certificate in Holistic Nursing and Integrative Modalities must complete Sessions Two, Three and Four.

View the full curriculum on our website [www.birchtreecenter.com](http://www.birchtreecenter.com). Session One provides 23 contact hours.

The program will be held at Carmel Retreat Center, a 30 acre forested and landscaped country estate that is adjacent to a wilderness preserve and nestled in the rolling Ramapo Mountains of northern New Jersey. This retreat center provides quiet serenity and a comfortable, reflective atmosphere. It is 45 minutes from Manhattan and is close to both bus and rail lines. Massage and yoga will be available. This is a sacred place to truly nurture your body and soul. Give yourself the opportunity to relax, renew and learn in a peaceful natural environment. Directions will be provided with confirmation letter upon receipt of registration.

~ Program begins Thursday, October 14<sup>th</sup> at 5 PM & concludes Sunday, October 17<sup>th</sup> at 1pm ~

**Program Costs:**

\$685.00 registration postmarked before 9/16/10  
\$735.00 registration postmarked after 9/16/10

**Fee Includes:** includes tuition, materials, contact hours, 3 overnight accommodations, 9 meals and all facility amenities

**Commuter fee:** Includes the above without overnight accommodations.

\$585.00 registration postmarked before 9/16/10  
\$635.00 registration postmarked after 9/16/10

**To use credit card:** <http://www.birchtreecenter.com/calendar/index.php> and scroll to the bottom of the page. **Click on the PayPal button.**

**Refund policy:** Program refunds minus a \$100.00 processing fee are issued up to two weeks prior to the start of the program with written notice. Refunds are not issued 2 weeks or less prior to the start of the program, unless there is a wait-list for the program and the program spot is filled. Submission of registration implies registrant has read and understood program information and refund policies.

**Cancellation Policy:** The BirchTree Center reserves the right to cancel the program. In the event of cancellation, all registration funds are returned to registrants. This is the extent of any liability on the part of The BirchTree Center, Incorporated.

**AHNA discount:** registrant must provide active membership number and expiration date at the time of registration. Retroactive discounts are not given.

**Detach and MAIL REGISTRATION FORM with CHECK OR MONEY ORDER TO:**

The BirchTree Center for Healthcare Transformation, Inc.  
296 Nonotuck Street ~ Suite #11 ~ Florence, MA 01062

PLEASE PRINT

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Non-Vegetarian (chicken & fish OK)     Vegetarian     Gluten-free\*     Vegan\*

AHNA Member # \_\_\_\_\_ AHNA Exp Date: \_\_\_\_\_

info@birchtreecenter.com ~ [www.birchtreecenter.com](http://www.birchtreecenter.com)  
Phone: 413-586-5551 ~ Fax: 413-586-8181

\_\_\_ I am attending Mahwah, NJ  
October 14-17, 2010

**Program Fee:**

Please circle all that apply:

Before 9/16/10                      \$685.00

After 9/16/10                        \$735.00

Commuter Fee

Before 9/16/10                      \$585.00

After 9/16/10                        \$635.00

AHNA Discount:                    \$-25.00

\*Special Diet:                        \$ 35.00  
(Vegan/Gluten-free)

**Total Enclosed:** \_\_\_\_\_