

THE BIRCHTREE CENTER
THE INTEGRATIVE HEALING ARTS PROGRAM

Session One: Holistic Practice and the Nurse Healer

Angel's Rest Retreat and Conference Center

October 2 - 5, 2008 ~ Leyden, MA

The Integrative Healing Arts Program is an opportunity to revitalize your nursing practice and rejuvenate your body, mind and spirit. Come study with the top faculty in complementary and integrative nursing. **Session One** focuses on the essentials of holistic practice and the development of the nurse healer. We explore concepts from the seven core curriculum areas as we place our focus on self-care for the nurse. The framework for integrative/complementary therapies is offered in the context of holistic nursing philosophy, theory and current practice. This is a time to consider what the full potential of your nursing practice can be. Integral within the learning experience is the inclusion of time for inner reflection, relaxation and connection to a supportive community of nurses. Participants who wish to achieve a Certificate in Holistic Nursing and Integrative Modalities must complete Sessions Two, Three and Four.

View the full curriculum on our website www.birchtreecenter.com. Session One provides 23 contact hours.

The program will be held at Angels' Rest Retreat and Conference Center at the edge of the Berkshire mountains in Leyden, MA (www.AngelsRestRetreat.com). Angel's Rest is an exquisite mountaintop retreat on 20 acres, with walking trails, hammocks, decks, gardens, a seasonal pool, 2 hot tubs, fireplace, and a magnificent vaulted ceiling teaching space that looks out on the Valley. Rooms are pristine and decorated with natural art. Meals are gourmet and include vegetarian options. Special dietary needs are accommodated with 2 week advance notice. Massage, yoga and energy work will be available. This is a sacred place to truly nurture your body and soul. Give yourself the opportunity to relax, renew and learn in a peaceful natural environment. Directions will be provided with confirmation letter upon receipt of registration.

~ Program begins Thursday, October 2nd at 5pm & concludes Sunday, October 5th at 1pm ~

Choose ONE of the following:

___ \$625.00 includes tuition, materials, contact hours, 3 overnight accommodations, 9 meals and all facility amenities

___ \$550.00 (For commuters ONLY) includes tuition, materials, contact hours, 6 meals (lunch/dinner), all facility amenities and NO LODGING

To use credit card: <http://www.birchtreecenter.com/calendar/index.php> and scroll to the bottom of the page. **Click on the PayPal button.**

Payment plan available: please contact The BirchTree Center

Refund policy: Program refunds minus a \$100.00 processing fee are issued up to 9/18/08 with written notice. Refunds are not issued after 9/18/08 or later unless there is a wait-list for the program and the program spot is filled. Submission of registration implies registrant has read and understood program information and refund policies.

Cancellation Policy: The BirchTree Center reserves the right to cancel the program. In the event of cancellation, all registration funds are returned to registrants. This is the extent of any liability on the part of The BirchTree Center, Incorporated.

Detach and MAIL REGISTRATION FORM with CHECK OR MONEY ORDER TO:
The BirchTree Center for Healthcare Transformation, Inc.
221 Pine Street ~ Suite #106 ~ Florence, MA 01062

PLEASE PRINT

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

E-mail _____

Healthcare affiliation _____

___ Non-Vegetarian (chicken & fish OK) ___ Vegetarian (NO chicken or fish)

info@birchtreecenter.com ~ www.birchtreecenter.com
Phone: 413-586-5551 ~ Fax: 413-586-8181

___ I am attending Leyden, MA
October 2 - 5, 2008

Please circle all that apply:

Tuition/Accommodation \$625.00

Tuition/Commuter Pkg. \$550.00

Discount for
AHNA Members (-) \$25.00

AHNA Membership # _____

Total Enclosed: _____